

Senior Presentation

Jeanette Cobian
Counselor - Class of 2022
October 26, 2022






Complete Senior Survey

Senior Survey

← → ↺ docs.google.com/forms/d/1aIU2U2zVcUldzDfU57LKuc1uE2zFVzOd39d6GSYNEkY/prefill

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Senior Survey

Seniors, please complete the ILA Senior Survey


First and Last Name:

Your answer

Email:

Your answer

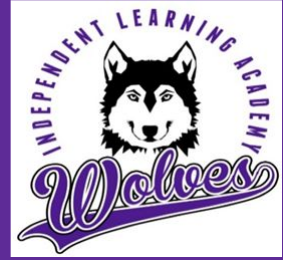
Pre-fill responses, then click "Get link"





Senior Checklist for Fall 2022

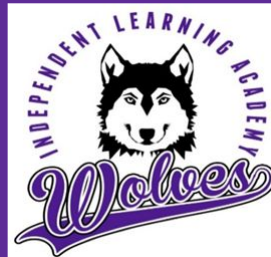
- Create your FSA ID
- Apply for FAFSA (*Oct. 1)
- Apply for the schools of your choice
- Ask teachers for letters of recommendation
- Update your resume
- College Planning Checklist
- Credit Recovery for those who need to make up classes
- **November:** Graduation Status letter to students and parents



Senior Presentation

- Counseling Team
- Communication
- Four College Systems Admissions Process
 - Community, CSU, UC & Private Colleges
- Cost of college/ Financial Aid
- Diversifying your college list
- What to do now & this fall to prepare
- Brag Sheet
- Resources and Opportunities

Agenda



- 1. Community Colleges: apply starting March 1.
 - 2. California State University/ "Cal State"/ CSU
 - 3. University of California / "UC"
 - 4. Private Colleges & Universities
-
- What You'll Need For Every Application: Requirements Vary by school
 - A copy of your high school transcript
 - A list of your extracurricular activities both inside and outside of school
 - Optional Test scores and test dates from your college entrance exams (SATs, ACTs - *see updated info on test optional protocols)
 - Parent / legal guardian information (Educational background, occupational information, employer information, etc.)

Campus Virtual Tours



Campus Tours Visit this website to take virtual campus tours of Colleges and Universities all over the world

You Visit Another place where you can virtually visit many campuses

College Visit Checklist: Take this with you when you visit colleges



Higher Education Info

Search Links to find a College or University

Historically Black Colleges (HBCU) Search: Search all 60 of the Historically Black Colleges and Universities to see if there is one that would fit you!

Career Zone College Search (CA only) Search for colleges throughout the state of California. You can choose the things that you are looking for in a college

Career Zone College Search (all US) Search for colleges throughout the United States

Out of State WUE College Search Search the colleges that participate in the WUE program and see the tuition and majors you can study

Big Future College Search Created by College Board with lots of information

California Community College Search

Where to find Standard College Applications

HBCU Application

Tribal Colleges & Universities (TCU)

Religious Affiliated Colleges

Historically Women's Colleges

California State University (CSU) Application

UC Application

Common Application


Community College Application





High School Course Requirements ("a-g" courses)

The CSU requires a minimum 15-unit pattern of courses for admission as a first-time freshman. Each unit is equal to a year of study in a subject area. A grade of C or better is required for each course you use to meet any subject requirement.

Area	Subject	Years
a.	History and Social Science (including 1 year of U.S. history or 1 semester of U.S. history and 1 semester of civics or American government AND 1 year of social science)	2
b.	English (4 years of college preparatory English composition and literature)	4
c.	Math (4 years recommended) including Algebra I, Geometry, Algebra II, or higher mathematics (take one each year)	3
d.	Laboratory Science (including 1 biological science and 1 physical science) 	2
e.	Language Other Than English (2 years of the same language; American Sign Language is applicable - See below about a possible waiver of this requirement)	2
f.	Visual and Performing Arts (dance, drama or theater, music, or visual art)	1
g.	College Preparatory Elective (additional year chosen from the University of California "a-g" list)	1
Total Required Courses		15



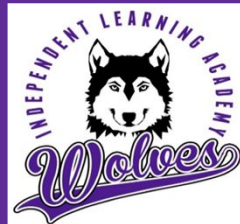
A-G Verification

- Choose A-G (Yes) on survey
- Review your transcript for any D's.
- APEX remediation is for graduation first.
- A-G checklist if needed please meet with Ms. Cobian



Important Deadlines

- Apply for CSU Fall admission by **November 30, 2022**
 - *The goal to submit should be a week before the deadline 11/23*
- FAFSA/CA Dream Act
 - Opens: **October 1st**
 - Apply by **March 2nd**
 - Check for errors and resubmit if needed
- Check your Email for “To Do” items
- Check your student portal
 - Look out for additional documents your college may be asking from you



Career Planning & Preparation



Career Planning

[California Career Center](#) Learn about different career fields.

[Career Cluster](#) Find what careers you are interested in.

[Career One Stop](#) What are your interests when it comes to a career? Find out here.

[Resume Templates](#) Build your resume and click here for ideas on how to create your resume.

Financial Aid & Scholarships



What is FAFSA?

The Free Application for Federal Student Aid, or FAFSA as it is commonly known, is an application form that is used to apply for financial aid to pay for college. Some of this money is free money (grants and scholarships), some must be earned through work (work-study), and some must be repaid (loans).

How does it work?

Using your FAFSA, the federal processor determines your Expected Family Contribution (EFC).

EFC the amount of money your family can be expected to contribute each year to your college costs. Your school will then try to meet your need through a financial aid award made up of funds from federal, state, school and private sources as well as loans, grants and student employment.

When and where do I apply? <https://studentaid.gov/>

Each year the FAFSA application opens up on **October 1st** and closes at the **end of February**. It is important that you and your parents spend the time to complete this application even if you don't think you will qualify. We will offer many FAFSA workshops that will help you every step of the way. Check this section often for the dates of these workshops.

California Dream Act



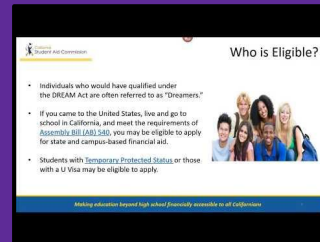
The California Dream Act Application allows students interested in attending eligible California Colleges, Universities and Career Education Programs to apply for state financial aid.

Who qualifies?

Undocumented and nonresident students (US citizens and eligible non-citizens) who qualify for a non-resident exemption under Assembly Bill 540 (AB 540) to receive certain types of financial aid such as: private scholarships, state administered financial aid, California College Promise

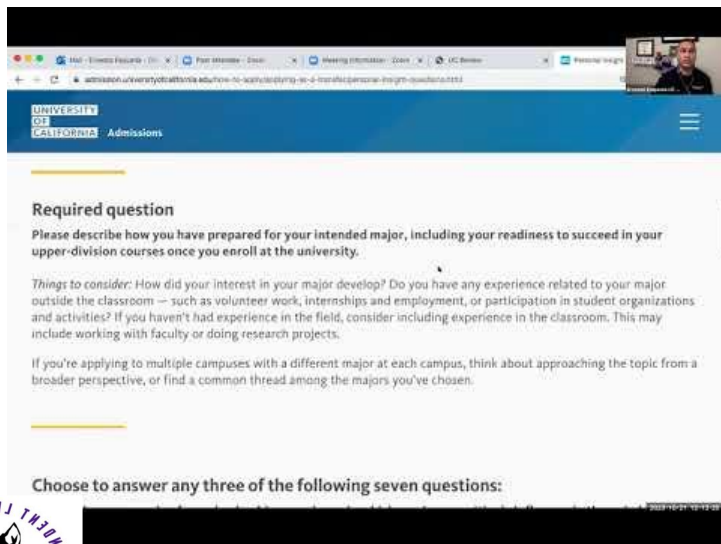
When and where do I apply? <https://dream.csac.ca.gov/>

Each year the CADAA application opens up on **October 1st** and closes at the **end of February**. It is important that you and your parents spend the time to complete this application even if you don't think you will qualify. We will offer many FAFSA/CADAA workshops that will help you every step of the way. Check this section often for the dates of these workshops.



Personal Insight Questions

Need help writing those PIQ's for your UC Applications? Check this out...



Scholarship Essays/Personal Statements

- Personal statements are always typed. Hand written statements are not acceptable
- Do not use fancy fonts. Times New Roman 12 point is acceptable. This is not a graphic design essay.
- The opening should let the reader know what you are writing about
- Distinguish yourself (have you done or are you doing things that are unique or different-including volunteer/work/school-community involvement)

Distinguish yourself

Write honestly about yourself/write from the heart.
What did you accomplish (sports, committees or clubs)
Write about things that are important to you.
What did you learn from your participation in events and activities?
Construct a well-written, error-free statement (write as many draft as needed to get it right)
Always answer the questions asked on a scholarship application.
Tell your story. Be proud of who you are and what you have accomplished



Self Care Tips



What is Self-Care?

Self-care means giving yourself the opportunity to do things that you enjoy and bring joy. It can vary from activities that are fun, energizing, or relaxing.

Take care of yourself by

- Getting enough sleep
- Personal hygiene
- Eat regular meals
- Be kind and compassionate with yourself

Setting Boundaries

- Remind yourself that your needs are important and it's ok to say "no"

Put yourself at
the top of your
to-do list
every single day,
and the rest will
fall into place.



Self-Care in High School

Time Management

- Use a planner to keep track of upcoming deadlines (i.e. FAFSA, Rec letters, application deadline)
- Gives you the opportunity to plan ahead and have a sense of control

Take Breaks

- Give yourself a break when working on deadlines. Avoid completing tasks in one sitting

Connect with your support system

- Ask for help with your peers, teachers, friends, or school faculty
 - We can sometimes feel “stuck” on a task and asking for help can help one move forward
 - You are not alone on this process



Self Care Ideas

- Mindful Breathing
- Music breaks
- Yoga Stretching
- Art
- Going on walks
- Use stress relievers
- Journaling
- Positive Self-talk
- Positive affirmations



OCTOBER SCHOLARSHIP NEWSLETTER DEADLINES BETWEEN:

OCTOBER 29th & FEBRUARY 28th, 2023

1) Smart Owl Scholarships - \$2,222 – 12 Awards (Deadline: October 29, 2022) Applications can be found by going to: <https://scholarshipguidance.com/scholarships/37549/no-essay-smart-owl-scholarship>

2) Scary Stories Scholarship - \$1,000 - 1 Award (Deadline: October 31, 2022). Applications can be found by going to <https://scholarshipguidance.com/scholarships/36788/scary-stories-scholarship>

3) Be Bold Scholarship - \$25,180 - 1 Award (Deadline: November 1, 2022) Applications can be found by going to: <https://scholarshipguidance.com/scholarships/34919/be-bold-scholarship>

4) Underdog Scholarships - \$5,000 – 6 Awards (Deadline: December 6, 2022) Applications can be found by going to: <https://scholarshipguidance.com/scholarships/36882/underdog-scholarships>

5) Thiel High School Fellowship - \$100,000 - 30 Awards (Deadline: December 31, 2022) Applications can be found by going to: <https://scholarshipguidance.com/scholarships/31733/thiel-fellowship>

6) Diller Teen Tikkun Olam Awards - \$36,000 – 15 Awards (Deadline: January 5, 2023) Applications can be found by going to: <https://scholarshipguidance.com/scholarships/33936/diller-teen-tikkun-olam-award>



Scholarships



Helpful Scholarship Websites

<https://www.cappex.com/scholarships>

[https://www.fastweb.com/
www.scholarships.com](https://www.fastweb.com/www.scholarships.com)

<http://www.highfivescholarships.com/>

<https://scholarshipowl.com/>

Links to upcoming Scholarship Opportunities:

TBD.....

Tips for Scholarships:

- Meet all application deadlines. Use a calendar or planner, make a schedule, and stick to it
- Gather application materials early
- Don't ignore small awards
- Request letters of recommendation early
- Write a great essay
- Attend a scholarship workshop
- Don't forget about applying for the scholarships that are offered at your high school
- Once you decide on a school to attend, make sure you check their website for scholarships that are specific to that school
- Apply early and apply often

Financial Resources



- Scholarships, Grants, Loans, Federal Work Study
 - Financial Aid can cover your full tuition!!!
 - Everyone can apply for financial aid
 - There are scholarships for EVERYONE

***When filling out CSU application, enter the income as accurate as possible to see if you qualify for a fee waiver

- **Free Application for Federal Student Aid (FAFSA)**
 - www.fafsa.gov
- **California Dream Act**
 - www.dream.scac.ca.gov

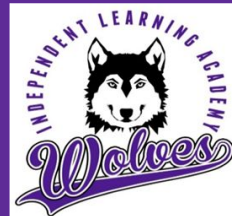


Communication: How we can connect

Email: Jeanettecobian@burbankusd.org

Office Hours: Make An Online Request for an Appointment

- [Ms. Cobian Office Hours](#)
- Monday from 1-3pm

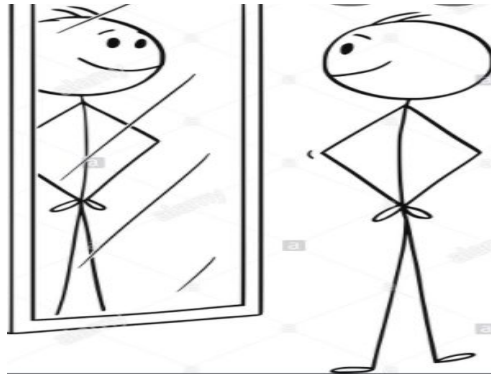


VERIFICATION

If you don't complete course(s) required for graduation

OR

You don't take a required course for A-G
Who is responsible?



Service Hours

Students are required to complete their 10 service hours to graduate.

Students need to notify Ms. Gilmore when service hours are complete.

Email: debraleavitt-gilmore@burbankusd.org

[Link to Service Learning Packet](#)

[Link to Log Entry](#)

[Link to Form B](#)



Next Question:
ANYTHING I NEED TO KNOW

This is your chance

**Anything about graduation that I need to
know---**

BE SPECIFIC

This is ONLY for graduation –

Not College Concerns

